

# 2025 JLA REGATTA PROGRAM Proudly Presented by the Jack's Lake Association

Sunday, August 3<sup>rd</sup>, 2025

\*\*\* MEMBERSHIP & REGISTRATION TABLES OPEN **Sunday from 7:30 AM to 3:00 PM** \*\*\*

REGISTRATION IS FREE to JLA MEMBERS, THEIR CHILDREN AND GRANDCHILDREN

NON-MEMBERS ARE ENCOURAGED TO JOIN THE JLA AT THE MEMBERSHIP TABLE

OR PAY A NOMINAL FEE OF **\$15 PER PERSON** TO PARTICIPATE

## REGATTA RULES

All entrants must be **REGISTERED** prior to entering an event **AND** required to **WEAR WRISTBAND**

**\*\*\*\*\*ALL JUDGE DECISIONS ARE FINAL\*\*\*\*\***

All persons ATTENDING and/or PARTICIPATING in this event do so at their OWN RISK and shall indemnify and hold harmless all persons connected to this Regatta from all claims or losses arising directly or indirectly from the Regatta

### ONLINE SCHEDULE:



### UPLOAD YOUR PHOTOS HERE:



Bake Sale	9:00AM - 1:00PM	Puzzle & Game Exchange/Sale	9:00AM - 1:00PM
Book Sale	9:00AM - 1:00PM	Kids Arts & Crafts Table	10:00AM - 2:00PM
Outstanding Food Options from Grape & Wedge & The Lions Club BBQ			
Our Piece of Paradise: A History of Jack's Lake is free for all 2025 JLA members AT THE MEMBERSHIP TABLE			

**8:00 AM – 5 KM RACE** Public Boat Launch to end of Shady Lane at FR 87 and back

12-15 Women	40-54 Women	12-15 Men	40-54 Men
16-24 Women	55-64 Women	16-24 Men	55-64 Men
25-39 Women	65+ Women	25-39 Men	65+ Men

**8:30 AM – KIDS' RUN 1.5 KM RACE** Public Boat Launch down FR88 & back

8 & Under Open - Boys & Girls	9-11 Girls	9-11 Boys
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**9:00 AM to 9:45 AM – DISTANCE SWIM** from Anchorage Marina dock to island and back

13-15 Women	30-39 Women	60+ Women	19-29 Men	50-59 Men
16-18 Women	40-49 Women	13-15 Men	30-39 Men	60+ Men
19-29 Women	50-59 Women	16-18 Men	40-49 Men	

**\*\*Strong swimmers only\*\*** Each swimmer must be accompanied by their own non-motorized watercraft with a spotter, life jacket, whistle & safety equipment \*3 whistles to summon help

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**9:30 AM \*\*\* Medal Presentation – 5KM Run & Kids' 1.5KM Run, Sailing Races & Boat Parade \*\*\***  
at Forest Glen Marina

## **10:00 AM SHORT SWIM RACES** at Forest Glen Marina

1 Kids w/ floatation devices	5 8-9 Boys	9 12-13 Boys	13 16-25 Men	17 40-49 Men
2 6-7 Girls	6 10-11 Girls	10 14-15 Girls	14 26-39 Women	18 50+ Women
3 6-7 Boys	7 10-11 Boys	11 14-15 Boys	15 26-39 Men	19 50+ Men
4 8-9 Girls	8 12-13 Girls	12 16-25 Women	16 40-49 Women	

**11:30 AM \*\*\* Medal Presentation – Laurie Strano Trophy, All Swim Races \*\*\***  
at Anchorage Marina

**12:30 PM PADDLING RACES** start off Forest Glen Marina Dock finish line off Anchorage Marina dock  
\*LIFE JACKETS MUST BE WORN

1 Canoe: Adult & Child 12 & Under	4 Canoe: Girls 15 & Under	7 Canoe: Women 16+	10 Kayak: Women 16+
2 Paddle Board: Open 15 & Under	5 Paddle Board: Open 16+	8 Kayak: Girls 15 & Under	11 Canoe: Men 16+
3 Kayak: Men 16+	6 Kayak: Boys 15 & Under	9 Canoe: Boys 15 & Under	12 Centipede: 4 Person Team

**1:30 PM FIRE PUMP DEMONSTRATION** at the Anchorage Marina dock

**1:30 PM \*\*\* Medal Presentation – Paddling Races \*\*\*** at Anchorage Marina

**\*If you don't have a team/partner for an event leave your name at the registration desk and we will find you one\***

**2:00 PM TUG OF WAR** between the Marinas in the water

Teams of up to 4 in all categories \*No contestants under 6 years old \*Only one team per person

1 6-9 Open - Boys & Girls	3 10-13 Boys	5 14-17 Men	7 18+ Men
2 10-13 Girls	4 14-17 Women	6 18+ Women	

**\*\*\* Medal Presentations to follow immediately after event \*\*\***

**3:00 PM THREE-LEGGED RACE** at Forest Glen Marina lawn

**\*Only one entry per person, age/gender strictly enforced can only move up in age if no other options**

1 Baby Crawl – Must not be walking	4 8-9 Open – Boys & Girls	7 13-15 Girls	10 16-18 Men	13 30+ Mixed – Team MUST consist of a man & a woman
2 5 & Under Open – Boys & Girls	5 10-12 Girls	8 13-15 Boys	11 19-29 Women	
3 6-7 Open – Boys & Girls	6 10-12 Boys	9 16-18 Women	12 19-29 Men	

**\*\*\* Medal Presentation to follow immediately after event \*\*\***

**4:00 PM EGG TOSS** at Public Boat Launch – All rounds open (boys and/or girls)

1 Kids 8 & Under	2 Tweens 9-12	3 Teens 13-17	4 Adults 18+
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**\*\*\*Medal Presentations to follow immediately after event \*\*\***